

Christel Trutmann

christel@christeltrutmann.com · christeltrutmann.com · linkedin.com/in/christel-trutmann

RESEARCH INTERESTS

How social experiences — feeling authentic and accepted, or not, in interpersonal relationships and by imagined/anticipated audiences — shape mental health, social development, and moral behavior, and the implications of these processes for clinical practice. This throughline connects coursework on child sexual abuse prevention, where attachment and anticipated social judgment shape victim disclosure and bystander/perpetrator help-seeking, to independent projects examining gendered language and sexual ethics through qualitative and computational (NLP) methods.

EDUCATION

M.S.W., University at Albany (SUNY), School of Social Welfare Expected 2027

Clinical Concentration — Albany, NY

Exempted from RSSW 660 Introductory Research Methodology coursework via placement examination.

B.S., Interdisciplinary Studies in Agriculture and Life Sciences, Cornell University 2010

Self-designed major in international development · Minor in International Studies · Ithaca, NY

PUBLIC WRITING

Trutmann, C. (2026, October 14). Beyond yes and no. *Slate*. slate.com/life/2026/10/cornell-7-case-consent-snapchats-intent-sex.html

Trutmann, C. (2026). *He said, she said: The rigged language of sex, consent, and rape* [Self-published essay series]. Medium.

RESEARCH PAPERS AND PROJECTS

Companion Animal Loss: A Guide for Social Workers (Class Presentation) Summer 2026

RSSW 722: Social Work Interventions for Grief and Loss, University at Albany

- Synthesized human-animal bond and disenfranchised grief literature into a practice-ready framework, including a 12-item pet-loss assessment tool for use in clinical intake and assessment interviews.
- Connected disenfranchisement in pet loss to broader patterns of hidden or minimized grief, linking companion animal bereavement to unresolved and linked losses across a client's life.

Pedophilic Disorder: Diagnostic Criteria, Etiology, and Treatment (Research Paper) Fall 2025

ECPY 620: Human Sexuality, University at Albany

- Examined DSM-5-TR diagnostic criteria, competing etiological hypotheses (childhood sexual victimization, neurodevelopmental factors), and current psychotherapeutic and pharmacological treatment approaches, including outcome data from Germany's Project Dunkelfeld.
- Available as a writing sample upon request.

Sex, Food, and Shopping: Behavioral Addictions and the DSM (Research Paper) Spring 2025

RSSW 611: Human Behavior and the Social Environment II, University at Albany

- Reviewed the evidentiary and nosological debate over expanding "Substance-Related and Addictive Disorders" beyond gambling, comparing DSM-5 and ICD-11 criteria across gaming, sexual behavior, shopping, food, exercise, and tanning.
- Analyzed clinical and insurance-policy consequences for social workers treating behavioral addictions without formal diagnostic recognition.
- Available as a writing sample upon request.

Independent Study: NLP Analysis of Gendered Sexual Language

Spring 2025

University at Albany

- Used Python and NLP methods to explore patterns in gendered sexual language, building on 2021 independent writing on the same subject.

Coalition for Excellence in Preventing Sexual Abuse of Minors (Grant Proposal)

Fall 2024

RSSW 630: Macro Practice in Social Work I, University at Albany

- Designed a three-year, multi-stakeholder grant proposal for a university–nonprofit coalition developing and evaluating evidence-based CSA prevention curricula for K-12 students and mandated reporters. Included original evaluation design (pre/post and 6- and 12-month follow-up measurement).
- Available as a writing sample upon request.

Prevention and Intervention: Child Sexual Abuse and Grooming (Class Presentation)

Fall 2024

RSSW 630: Macro Practice in Social Work I, University at Albany

- Synthesized four offender-typology models (Finkelhor; Marshall & Barbaree; Hall & Hirschmann; Ward & Siegert) with victim psychology and prevention-gap analysis to identify underexplored, perpetrator-focused intervention points.

INDEPENDENT PROJECTS

Founder and Developer, Repaper Press (repaperpress.com)

2019–present

- Created a free reading site where readers choose the gender of every character in classic children's books, making gendered assumptions in language visible; six titles live, including *The Wonderful Wizard of Oz* and *Winnie-the-Pooh*.
- Developed the Repaper Press gender literacy framework for assessing whether a story normalizes inequality, across its world, cast, characterizations, relationships, plot goals, and writing.
- Rebuilt the platform in 2026 as a static site with AI-assisted tagging, automated tests, and search-optimized pages.

CLINICAL AND FIELD EXPERIENCE

MSW Student Intern, The William George Agency for Children's Services

Sep. 2025–Feb. 2026

- Shadowed and supported a Behavioral Health Clinician in a residential treatment program for adolescent boys with sexually harmful behavior.
- Co-facilitated individual and group therapy sessions.
- Developed and delivered staff training on normative adolescent development.

RELATED PROFESSIONAL EXPERIENCE

Full-Stack Engineer, GiveGab

Jan. 2017–Jul. 2018

- Built features for an online nonprofit fundraising platform; onboarded and trained four new engineers.

Emergency Services Specialist, Cornell University Environmental Health & Safety

Aug. 2010–May 2016

- Responded to fire, medical, hazardous material, and confined space emergencies; coordinated with law enforcement, EMS, and university administration.

211-Tompkins Intern, Human Services Coalition of Tompkins County

Aug. 2009–Dec. 2009

- Connected callers to social services; developed a 211-Tompkins Continuation of Operations Plan.

VOLUNTEER AND COMMUNITY SERVICE

- Interior Firefighter and EMT-B; Lieutenant, Danby Volunteer Fire Company (2007–2012)
- Secretary (2011) and President (2012), Danby Community Council
- Hotline Volunteer, Suicide Prevention and Crisis Services (2009–2010)